

(高三)  
2020TEENS报刊课  
第26期 (B)

杨睿 北京市朝阳区外国语学校高中部





# 21st Century **TEENS** *Senior*<sup>2</sup>

2019-2020学年度第26期总第780期

How Does the 21st  
Century Teens Help us  
with Practical Writing

杨睿 北京市朝阳区外国语学校





## Social Media

- **What are the negative effects brought by the social media?**



## Effects Of Social Media On You

Lack of privacy.

Reduces person to person interaction.

Increases your cravings for attention drastically.

Distracts from life goals.

It can lead to a higher risk of depression.

Excessive use of social media stunts creativity.

Cyber bullying is alive and well.

Constantly comparing yourself to others online will make you miserable.

Loss of sleep.

- **Is it possible that the sword of “social media” has a gender preference in its damage?**
- **Who does the social media cut deeper ?girls or boys?**
- **Why?**

**We say that technology is a double-edged sword (双刃剑) – while it brings convenience, it also brings new problems. The sword of “social media” even has a gender preference in its damage: It cuts deeper into girls than boys.**

**Earlier studies have shown that spending too much time on social media is bad for teenagers’ mental health. Constantly watching their friends show off “perfect” lives can hurt their own self-esteem (自尊). That’s not to mention the problems caused by online shaming and bullying (霸凌).**



Jean Twenge, a professor at San Diego State University in the US, recently discovered an alarming trend: Since 2010, the number of teenage girls who suffer from major depression – showing signs like self-harm and suicide (自杀) – has increased much faster than that of boys. In an article she wrote at The Conversation, Twenge said social media, again, was to blame.

For starters, girls use social media more than boys. Boys tend to spend their screen time on games, where they talk to their teammates through headphones. This counts as real human contact. Girls, however, simply type and browse through posts, which is a much more isolated (孤立的) experience. “They’re not having a real-time conversation with someone,” Mary Fristad, psychologist at The Ohio State University, told NPR.

And when it comes to online shaming, girls are also more vulnerable than boys. “Girls face more pressure about their appearance, which could be exacerbated (加重) by social media,” wrote Twenge.

Shannon McLaughlin, for example, is an 18-year-old from Blackburn College in the US. She shared with the Guardian how social media made her feel depressed. “I was constantly confronted (面对) by women with skinny bodies who were praised for the way they looked. This was only made worse by the diet fixes and skinny culture,” she said. But McLaughlin found a solution. She started volunteering with the National Citizen Service, where she made face-to-face contact with people. “It’s so easy to forget the importance of real connections when we have hundreds of people that we’re trying to impress at our fingertips,” she told the Guardian.

And she hopes that others “look up from their phones and focus more on the world around them”.

What is the genre of the article? Why?

- A. Narrative essay(记叙)
- B. Expository essay(说明)
- C. Argumentative essay(议论)

An argumentative essay is a genre of writing that aims at investigating an issue, taking a stand on an issue, generating and evaluating a multitude of evidence in a logical manner to support the overall claim. An argument essay is therefore meant to persuade people to think the same way you do i.e. convincing the reader to agree with the writer's point of view.

## Narrative

- A person tells a story or event.
- Has characters and dialogue.
- Has definite and logical beginnings, intervals, and endings.
- Often has situations like actions, motivational events, and disputes or conflicts with their eventual solutions.



## Task 2 Figure out the structure

Draw a brief mind-map to figure out the structure of the passage.

How does the writer prove his opinion?

How does the writer organize the passage?



We say that technology is **a double-edged sword** (双刃剑) – while it **brings convenience**, it also brings new problems. The sword of “social media” even has a **gender preference** in its damage: It cuts deeper into girls than boys.

Earlier studies have shown that spending too much time on social media is bad for teenagers’ mental health. **Constantly watching their friends show off “perfect” lives can hurt their own self-esteem** (自尊). **That’s not to mention** the problems caused by online shaming and bullying (霸凌).

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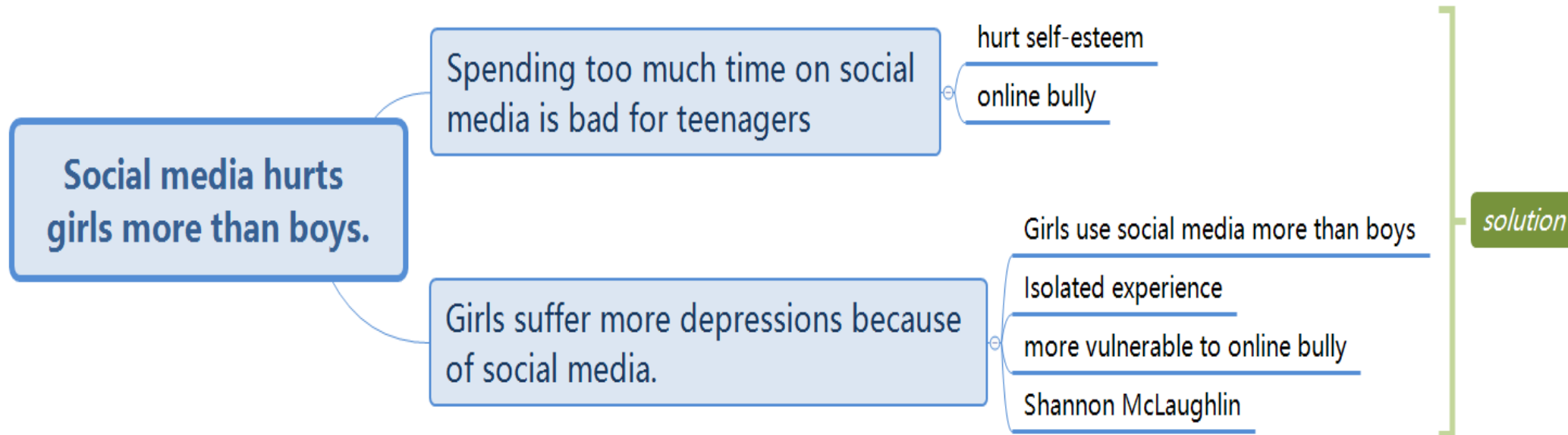
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# Task 2 Figure out the structure



It is a kind of language tool for people to...

- **deliver information**
  - advertisements
  - news reports
  - brief introductions
- **deal with affairs**
  - notices
  - notes
- **communicate with each other**

letters of job-application/ complain /apology/suggestion

假如你是李华，你的英国朋友Mary来信向你提到她每天花大量的时间在社交网络上。希望你就能如何正确的利用社交网络给出一些建议。现请你给她一封回信，内容包括：

1. 社交网络的危害；
2. 如何正确的利用社交网络；

注意：

1. 词数100左右；
2. 可以适当增加细节，以使行文连贯。

审题四问



## 1 写作准备，审题四问。

英国朋友Mary

中国学生李华

对方是谁

你是谁

双方关系

办什么事

办什么事

**Mary** 沉迷社交网络 寻求帮助

**Lihua** 分析社交网络危害 给出建议

## 1 写作准备，每格主旨。

背景，目的

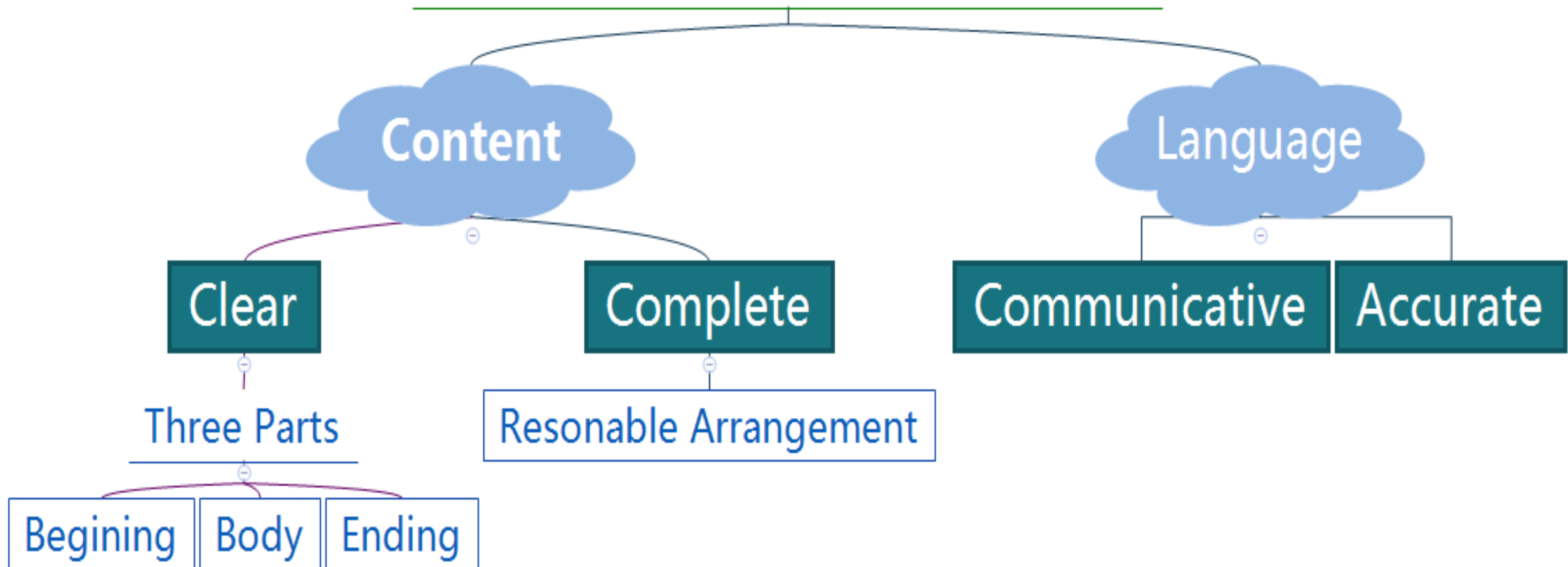
分析社交网络危害  
提出建议

待办事项1

扣题的结尾

待办事项2

## HOW TO IMPROVE OUR PRACTICAL WRITING?



Dear Mary,

I'm exhilarated to hear from you. Is everything going well recently? You mentioned your problems with social media in your last email, don't be anxious, I have the same concerns on it as well. It's so easy to forget the importance of real connections when we have hundreds of people that we're trying to impress at our fingertips.

As we all know technology is a double-edged sword, while it brings convenience, it also brings new problems. Constantly watching our friends show off their “perfect” lives can hurt our self-esteem. That’s not to mention the problems caused by online shaming and bullying, which caused higher rate on self-harm and suicide.

Researches show spending too much time on social media is bad for teenagers’ mental health, especially for girls. I know girls might be strict with their appearances sometimes, for my best friend suffered from depression which had been exacerbated by social media. I hate to see another of my friend falling into that trap.

To start dealing with your addiction, limit your time on social media .You should try to get yourself to focus on something that doesn't involve using any electronic device. My friend who suffered a similar problem gave a possible solution. She started **volunteering with** the National Citizen Service, **where she made face-to-face contact with people. I hope you can find your way to look up from your phone and focus more on the world around them.**

If you need any help or a pat on the shoulder, I'm here to help. Waitfor your best news.

Best wishes,  
Li Hua





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